

December 2017- Fitness Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Sat
4 6:15-7 PM (Kim)	5 9:15-10 AM (Tammy)	6	7 9:15-10 AM (Tammy) 6:15-7 PM (Kim)	8	9 8-8:45 AM (Kim)
11 6:15-7 PM (Kim)	12 9:15-10 AM (Tammy)	13	14 9:15-10 AM (Tammy) 6:15-7 PM (Kim)	15	16 8-8:45 AM (Kim)
18 6:15-7 PM (Kim)	19 9:15-10 AM (Tammy)	20	21 9:15-10 AM (Tammy) 6:15-7 PM (Kim)	22	23 8-8:45 AM (Kim)

No Classes Dec. 25-Jan 7
 Winter session begins January 8th
 Early-bird discount ends January 7th!

First Baptist Church Choctaw - www.fbcchoctaw.org/fitness - kreeves@fbcchoctaw.org