

Cowboy Caviar:

1 (15 oz) cans black beans , rinsed

1 (15oz) can black eye peas, rinsed

1 (15 oz) can whole kernel corn OR mexican corn, drained

1 large tomato, chopped

½ red onion, chopped

¼ cup chopped fresh cilantro

1 cup chopped black olives (optional)

1 large avocado, diced

Dressing:

1 Tbsp red wine vinegar

4-5 Tbsp lime juice

1 tsp salt

½ tsp pepper



Directions: Combine first 6 ingredients into large bowl. In a small bowl pour lime juice over avocado to avoid browning. Mix all ingredients together. Cover and chill. *Serve with tortilla chips, or use for vegan tacos. Can be used as a topping for chicken or fish.*