

Taco Bake:

1 lb ground turkey

1 onion chopped

1 bell pepper chopped

1 cup black olives sliced

1 can no salt black beans or 2 cups cooked black beans

2 cups all natural salsa or diced tomatoes

12 corn tortillas

1 pack taco seasoning or homemade taco seasoning

Shredded mozzarella cheese (optional)

Heat skillet and add peppers, onions and ground turkey until brown. Add ½ cup water, taco seasoning, black beans and simmer for 5 min. In a 9 x 11 baking dish, layer the following: tortillas, turkey/bean mix, salsa, olives and sprinkle lightly with cheese. Repeat layers, cover with foil and bake in a 350 degree oven for 30 min. Optional: add a scoop of guacamole to top and serve. Serves 6